# Mapleton Middle School Washington, D.C. Packing List

Pack so that everything can be carried by the child in ONE trip. Students must be able to pack themselves back up and transport their bag and items by themselves to and from the hotel and bus. Be informed that we will go outside in all types of weather: Wind, rain, cold, warm, sunny, and cloudy...be prepared for it all, the temperature will change throughout the day so dress in layers.

- NO PEANUTS OR NUT RELATED PRODUCTS ARE PERMITTED ON THE BUSES
- STUDENTS ARE PERMITTED ONE CARRY ON BAG AND ONE SUITCASE/BAG TO BE STORED UNDER THE BUS AND AT THE HOTEL
- BRING A BACKPACK / SINCH SACK AS YOUR ONE CARRY ON BAG, AND A
  WATER BOTTLE TO GO WITH YOU AS WE TOUR.

### **Bedding**

pillow and blanket for bus ride, optional

### Clothing

- Comfortable Clothes/Shoes- we walk 10-12 miles a day (no flip flops)
- pajamas
- heavy and light shirts
- warm jacket/sweatshirt (layers work VERY well)
- raincoat or poncho (students WILL be touring in the rain!)
- slacks or jeans or shorts (check forecast)
- underwear
- hat/sunglasses (remember most buildings do not allow hats)
- cold weather clothing (check forecast)

#### **Personal Items**

- · toothbrush and toothpaste
- soap and shampoo
- deodorant
- comb/brush
- drinking cup or water bottle
- sunscreen
- hand sanitizer

#### **Medications**

- Mrs. Thompson will administered medications in original containers
  - Must have medications in the original or prescription container
  - o place all medications in a Ziploc with your name and directions (frequency)
  - o give to Mrs. Thompson on the morning of departure

## **Optional**

- Phone / Hand held devices
- Chargers
- Spending money (\$50-\$100 suggested)

## **Please Do Not Bring**

- pocket knives/utility tools
- radios/gaming consoles/TVs/Portable DVD players
- matches/lighters
- energy drinks (WATER IS BEST FOR THE TRIP!)
- valuable items that could get lost, broken or stolen
- no microwavable popcorn

\*Rule of thumb: If you can't have it at school, you can't have it on the trip.